

LEAVING TREATMENT

There is no brain scan or blood test to measure opioid receptors or endorphin levels. However, federally-funded studies consistently show how to have success in treatment.

WARNING



Leaving treatment early...

Leaving treatment before completing 12 months results in a 4x higher relapse rate. Don't take this risk. Take the time to succeed in treatment.

TIPS



Having the right attitude helps...

Four tips for a successful experience:

1. Reach stable medication doses
2. Focus on recovery skills
3. Allow your brain to repair for 6-12 months
4. Begin a trial period for tapering

WHY



Why are some patients on medication for years?

About 20% of patients have been dosing for a long time at such a high level, their brains are unable to reproduce endorphins and rebuild their receptors back to their original levels. However, these patients are also capable of succeeding in treatment.

SUCCESS



What is success in treatment...

Whether tapering off medication or continuing on a maintenance dose, you can experience all the benefits of recovery, improved health, restored relationships, custody of children, long-term employment all without experiencing opioid-dependent behaviors.

INSPIRE



Our goal...

Our goal is to INSPIRE you on a path to recovery. We understand that getting treatment is a big step, and you are not in this alone. The Crossroads team is here to walk with you through every step of your journey, and you will be treated with respect and empathy.