

Managing Addiction-Related Stigma

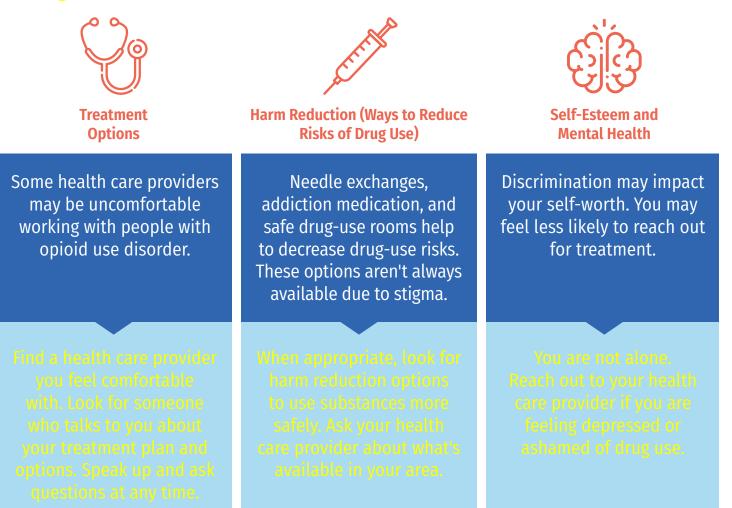
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Understanding Addiction and Stigma

Addiction can affect many parts of a person's life. Stigma is one of the challenges of addiction. It is a false belief that addiction is a choice based on lack of willpower. Stigma can damage the health and well-being of those with opioid use disorder.^{1,2}

About 50% of a person's addiction risk is related to genetics.¹

How Stigma Could Affect You³



It is important to find the right health care professional for you. Find someone who will support and guide you through recovery.³

References

- Substance use, abuse, and addiction. American Psychological Association. Published June 2008. Updated July 2022. Accessed September 2023. <u>https://www.apa.org/topics/substance-use-abuse-addiction</u>
 Reducing the Stigma of Addiction. Johns Hopkins Medicine. Accessed September 2023. <u>https://www.hopkinsmedicine.org/stigma-of-addiction/</u>
 Villa L. Addiction and Stigma. American Addiction Centers. Updated June 2022. Accessed September 2023. <u>https://drugabuse.com/addiction/stigma/</u>
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