

# **Managing Addiction-Related Stigma**

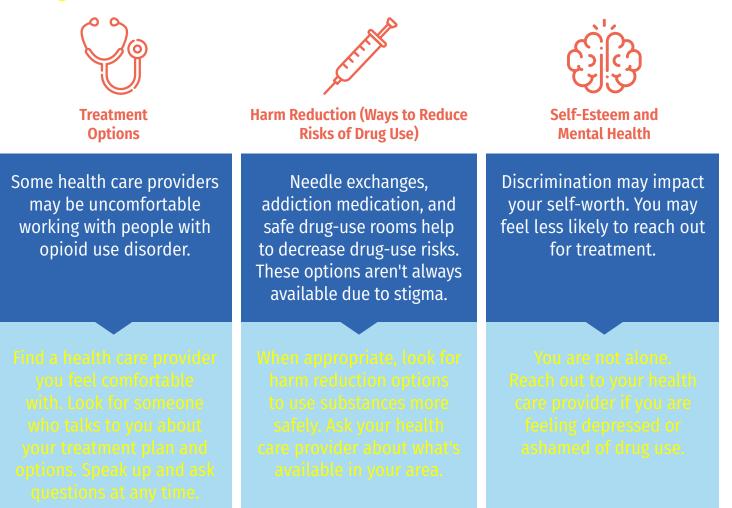
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### **Understanding Addiction and Stigma**

Addiction can affect many parts of a person's life. Stigma is one of the challenges of addiction. It is a false belief that addiction is a choice based on lack of willpower. Stigma can damage the health and well-being of those with opioid use disorder.<sup>1,2</sup>

## About 50% of a person's addiction risk is related to genetics.<sup>1</sup>

## How Stigma Could Affect You<sup>3</sup>



It is important to find the right health care professional for you. Find someone who will support and guide you through recovery.<sup>3</sup>

#### References

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  Reducing the Stigma of Addiction. Johns Hopkins Medicine. Accessed September 2023. <u>https://www.hopkinsmedicine.org/stigma-of-addiction/</u>
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